



Part of Bethel Health and Healing Network

Funded by ^{the} Tudor trust



Do you ever:

Feel nobody has
time to listen to
you?



Feel you need to
talk through how
you are feeling with
someone?



Rapha Listening Service



Want to talk to
someone
in confidence?



IF YOU ARE OVER **18 YEARS** OF AGE AND NEED SOMEONE
TO TALK TO PLEASE CONTACT US.

WE ARE HERE TO LISTEN!

Our Service:

Provides uninterrupted time to
talk to a trained listener, in a
safe and calm environment.

We are NOT a counselling service,
but we are good at listening.

To find out more contact us at:
0121 389 0267 or 07825 221 150

Or email: rapha@bethelnetwork.org.uk