

# Tell us about your care

The **Care Quality Commission (CQC)** is the independent regulator of health and adult social care services in England. We inspect services to make sure they provide safe, effective, compassionate and high-quality care. If a service needs to improve, we take action to make sure this happens.

CQC is inspecting the **services** of  
**Birmingham and Solihull Mental Health  
NHS Foundation Trust**  
Week commencing 27<sup>th</sup> March

What do you think about the care at ***Birmingham and Solihull Mental Health NHS FT*** . Your information counts. The information helps us decide when, where and what to inspect. If a service needs to improve, we will take action to make sure this happens. Tell us about the care you've received.

You can tell us in confidence:



Online:

[www.cqc.org.uk/SYE](http://www.cqc.org.uk/SYE)



Phone:

03000 616161



Email:

[enquiries@cqc.org.uk](mailto:enquiries@cqc.org.uk)